

Center Stage Dance Academy



Plymouth Studio Classes
116 Long Pond Rd. Plymouth, MA
508-746-0991
www.centerstagedstudios.net



MON

4:15-4:45 Hippity Hop (Ages 4-6)
4:45-5:30 Boys Creative Movement
5:30-6:15 Junior Hip Hop 6+
6:15-7:00 Breakin/Poppin II & III
7:00-7:45 Pre/Teen Hip Hop 10+
7:45-8:30 Teen /Adult Hip Hop

TUE

3:00-3:30 Preschool Dance and Tumble I
3:30-4:15 Preschool Dance and Tumble II
4:15-5:15 Ages 5-7 (Ballet/Acro & Tap)
5:15-5:45 Elementary Lyrical 6+
5:45-6:30 Acro 8+
6:30-7:45 Ages 8-12 (Ballet, Tap, Jazz)
7:45-8:30 Lyrical/Contemporary I & II

WED

3:15-4:00 Lyrical II
4:00-4:45 Junior Teen Company
4:45-5:15 Tap III
5:15-6:00 Jazz III
6:00-6:45 Acro/Conditioning 11+
6:45-7:15 Tap IV
7:15-8:00 Jazz IV
8:00-8:45 Senior Teen Company

THU

1:30-2:00 Bouncing Babies
2:00-2:30 Dance with Me
2:30-3:00 Preschool I Creative Move.
3:00-3:45 Preschool II (Tap, Ballet)
4:00-4:45 Ballet II (ages 10+)
4:45-5:30 Modern/Contemporary II
5:30-6:00 Pre Pointe
6:00-6:45 Modern/Contemporary III
6:45-7:30 Ballet III
7:30-8:00 Pointe I
8:00-8:45 Team Technique

FRI

3:45-4:30 Small Group Rehearsal
4:30-5:30 Tap/Jazz I (6+)
5:30-6:00 Ballet I (Ages 6+)
6:00-6:45 Acro 7 +
6:45-7:45 Tap/Jazz II (9+)
7:45-8:30 Junior Team

SAT

9:00-10:00 Mini Co. & Outreach Rep
10:00-10:30 Pre I Creative Movement
10:30-11:15 Preschool II (Tap, Ballet)
11:15-12:15 Ages 5-7 (Tap, Ballet)
12:15-12:30 Age 6-7 Jazz add on
12:30-1:15 Acro 6+
1:15-2:30 Ages 7-11 (Ballet, Tap, Jazz)
2:30-3:15 Pom/Team Foundations 6+
3:30-4:15 We Can Dance (Ages 7+)
4:15-4:30 WCD Crew Rehearsal

****Company & Team classes are by audition or invitation only.****

Center Stage Dance Academy



Sagamore Studio Classes
116 State Rd. Sagamore Beach, MA
508-888-2640
www.centerstagestudios.net



MON

3:30-4:00 Bouncing Babies
4:00-4:45 Pre K Musical Theater
4:45-5:30 Ballet II 10+
5:30-6:00 Pre Pointe/Pointe I
6:00-6:45 Ballet III
6:45-7:30 Modern/Contemporary IV
7:30-8:15 Ballet IV
8:15-8:45 Pointe II

TUE

9:30-10:00 Pre I Creative Movement
10:00-10:45 Preschool II (Tap, Ballet)

4:15-5:00 Junior Hip Hop 7+
5:00-5:45 Lyrical/Contemporary I
5:45-6:30 Preteen/Teen Hip Hop 11+
6:30-7:15 Lyrical/Contemporary II
7:15-8:00 Lyrical/Contemporary III
8:00-8:45 Hip Hop Advanced

WED

3:00-3:30 Preschool I Creative Movement
3:30-4:15 Preschool II (Tap, Ballet)
4:15-5:15 Ages 5-7 (Tap, Ballet)
5:15-5:30 Ages 6-7 Jazz (add on)
5:30-6:45 Ages 8-11 (Ballet, Tap, Jazz)
6:45-7:30 Intermediate Team
7:30-8:45 Preteen/Teen (Ballet, Tap, Jazz)

THU

4:00-4:30 Tap III
4:30-5:15 Jazz III
5:15-6:00 Teen Company
6:00-6:30 Tap IV
6:30-7:15 Jazz IV
7:15-8:00 Senior Company
8:00-8:45 Adult (Tap)

FRI

4:00-4:30 Hippity Hop (Ages 4-6)
4:30-5:15 Junior Hip Hop 6+
5:15-5:30 Boys Technique Add On
5:30-6:15 Boys Combo (Tap, Hip Hop)
6:15-7:00 Breakin/Poppin I & II
7:00-7:45 Preteen Hip Hop 10+

SAT

9:00-9:30 Dance With Me 18 months+
9:30-10:00 Preschool I Creative Move.
10:00-10:45 Preschool II (Tap, Ballet)
10:45-11:45 Ages 5-7 (Tap, Ballet)
11:45-12:00 Ages 6-7 Jazz Add On
12:00-12:45 Open Musical Theater 6+
1:00-2:15 Ages 7-11 (Ballet, Tap, Jazz)
2:15-3:00 Modern/Contemporary I 8+
3:00-3:45 Preteen/Teen Musical Theater

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